

HAR KI DUN

with Maninda Taal *Trek*



7D | 6N



Dehradun



Moderate



12,000 ft.



SHORT ITINERARY

7D | 6N



Drive from Dehradun to Sankri



Sankri to Dharkot & Trek from Dharkot to Seema



Seema to Boslo



Boslo to Har ki Dun to Maninda Lake & Back to Boslo



Trek from Boslo to Seema

Trek from Seema to Dharkot & Drive from Dharkot to Sankri Base camp



Departure from Sankri to Dehradun



TREKKERS OF INDIA®
India's biggest trekking community & co.

TREK ATTRACTION

Experience the oldest trek route of the Himalayas and witness the Beautiful ancient culture, mountain views, forests, grasslands, meadows, rivers, streams and even an alpine lake.



High altitude meadows



Camping



Flora & Fauna



Har ki Dun Valley



Scenic Landscapes



Maninda Taal

DETAILED ITINERARY

DAY 1 Drive from Dehradun to Sankri



210 km



9-10 hrs



TOI Sankri
Guest House

- **Pickup:** Dehradun Railway Station at **8:00 AM**
- **Meals:** Tea-Snacks and dinner
- 210 km drive by NH 507 (9-10 hours) Altitude : 1,950m/6,400ft.
- Breakfast and lunch excluded, dinner included.
- Trekkers will be picked from Dehradun at 8:00 AM in a Tempo Traveler, Bolero or a similar vehicle.
- Expected arrival time at Sankri – 5:00 pm. (approx)

DAY 2

Drive from Sankri to Dharkot Village & Trek from Dharkot to Seema



16 km | 1.5 hrs



2,600 m



Camping

- Trek Distance: 4 km (Dharkot to Seema)
- Meals: Breakfast, Lunch, Evening Tea-Snacks, Dinner
- After breakfast, embark on a journey from Sankri to Dharkot village, passing through dense forests, water streams & Dhatmeer village.
- En route, pass through the charming village of Taluka, known for its traditional houses and dhabas offering simple and delectable food. Upon reaching Dharkot, take a brief rest before commencing a 4km trek to Seema.
- Experience the diversity of mountain wildlife and bird species during the trek, with various water streams providing fresh drinking water. As evening approaches, reach Seema via Gangar village and camp on a small green field, offering breathtaking views of nature.

DAY 3

Seema to Boslo



10 km | 7 hrs



3,250 m



Camping

- **Meals:** Breakfast, Lunch, Evening Tea-Snacks, Dinner
- The trail passes through Osla village, which has a hanging bridge called the Seema Bridge, used to cross the Supin River.
- The village is surrounded by scenic views, including the snow-covered mountains, Amaranth trees, and the Mt. Bandarpoonch and Swargarohini mountain ranges.
- The village has a rich mythology associated with it, including the belief that it was home to a clan loyal to Duryodhan and a 2000-year-old Someshwar Temple.
- The hike up the hill from Osla to Kalkatidhar provides stunning views of the Dhauladhar Range, Bugyal Devsu, and Mt. Black Peak.
- Kalkatidhar is a beautiful meadow with views of the Ruinsara Range and Kedarkantha Summit.

DAY 4

Boslo to Har Ki Dun to Maninda Taal and back to Boslo



12 km



3,650m -
3,970 m



Camping

- **Meals:** Breakfast, Lunch, Evening Tea-Snacks, Dinner
- Start your remarkable day as you traverse the glacier basin adorned with mountain meadows, moraines & large pine trees.
- You'll initially ascend towards the Supin River and the River from the Ruinsara Valley & panoramic views of the surrounding mountains.
- The Har Ki Dun Valley is a mesmerizing destination that encapsulates an array of natural wonders.
- The final leg of the hike winds through dense forests, summit of Har Ki Dun, Swargarohini I peak, Hata Peak, and Black Peak.
- Maninda Lake awaits at an elevation of 3,970 meters within the Har Ki Dun valley, showcasing its beauty against the backdrop of Hata and Swargarohini mountains. After exploring the valley and creating lasting memories, the return journey brings you to the final campsite at Kalkattiyadhar.

DAY 5

Boslo to Seema



10 km | 6-7 hrs



3,250 m



Camping

- **Meals:** Meals: Breakfast, Lunch, Evening Tea-Snacks, Dinner with Sweet Dish
- The valley is such an incredible place that it becomes very difficult for the trekkers to come back from this valley.
- Right after having breakfast, you will start trekking back to Seema early in the morning.
- Night stay will be scheduled in the camp at Seema and all trekkers will be served with dinner in the camp itself only.
- Make sure to witness the sunset of mountains because this is something you cannot miss.

DAY 6

Trek from Seema to Dharkot Village & Drive from Dharkot to Sankri base camp



4 km



16 km | 1.5 hr

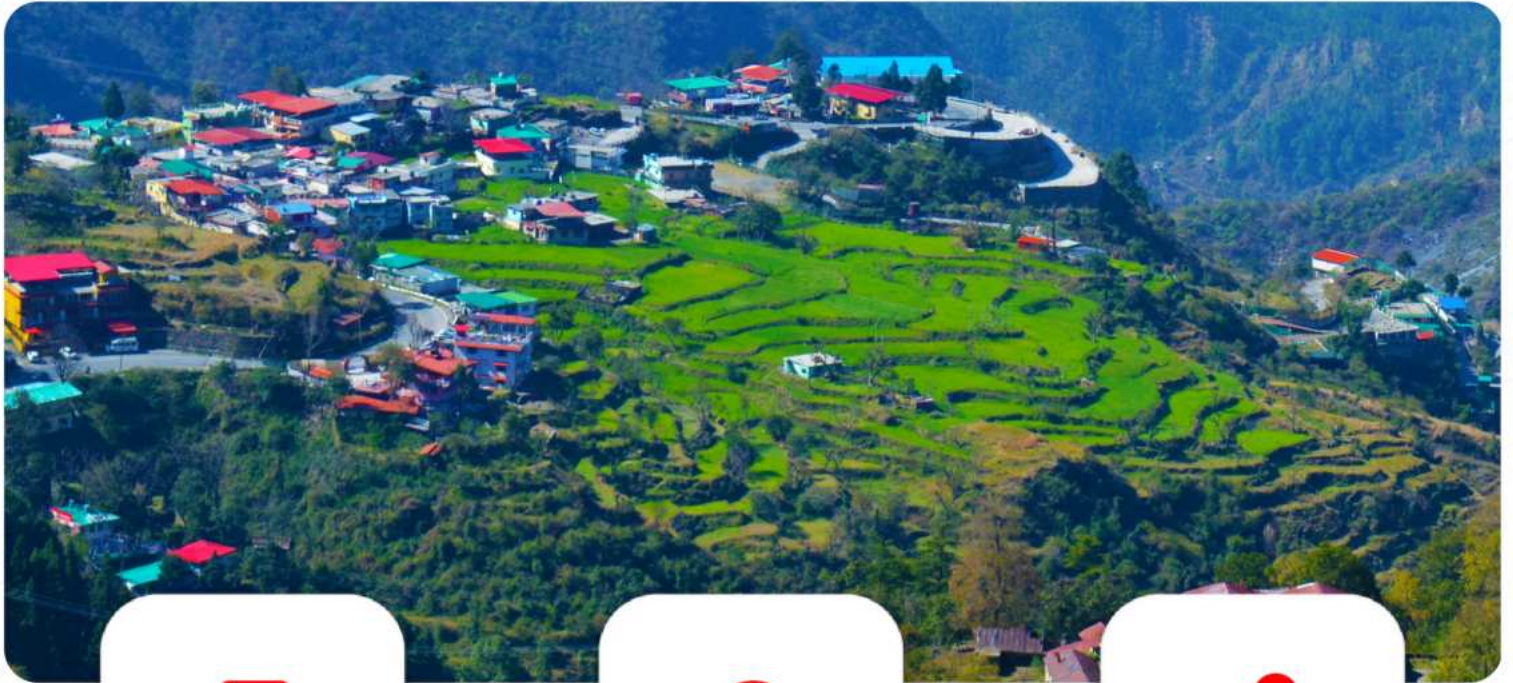


Camping

- **Meals:** Breakfast, Lunch, Evening Tea-Snacks, Dinner with Sweet Dish
- Get ready to trek for the last time from Seema to Dharkot via dense forests. By afternoon, you will be reaching Taluka and then drive back to Sankri base camp. The 4km trek from Seema to Dharkot is going to give you an amazing experience with lots of memories so make sure to capture every moment.
- Therefore, day 6 is going to be the last day of your camping and the stay will be scheduled at Sankri base camp.

DAY 7

Departure from Sankri to Dehradun



210 km



9-10 hrs



Dehradun

- Depart at 7 A.M after having tea, coffee and biscuit, It is going to be a log drive of almost 8-9 hours, be prepared.
- You will be reaching Dehradun by 5 P.M.
- Get your bookings done accordingly in trains, flight from Dehradun.

COSTING

HAR KI DUN TREK

Dehradun to Dehradun (Including GST @5%)

₹ 11,550/-

HAR KI DUN TREK

Sankri to Sankri (Including GST @5%)

₹ 9,450/-

PAYMENT DETAILS

UPI ID	astrekkersofindiaprivatelimited.ibz1@ICICI
Account Holder	AS TREKKERS OF INDIA PRIVATE LIMITED
Account Number	107005013204
IFSC	ICIC0001070
Account Type	CURRENT

OR YOU CAN SCAN QR CODE



Merchant Name -

**AS TREKKERS OF INDIA
PRIVATE L**

UPI ID -

**MSASTREKKERSOFINDIAPRIVA
TELIMITED.eazypay@icici**



Pay here with  **iMobile Pay**

Now link any bank account with iMobile Pay to
make UPI payments



RENTALS



Trekking Stick

₹ 299/-
(mandatory)



Ponchu

₹ 299/-
(mandatory)



Backpack/Rucksack

₹ 699/-



Trekking Shoes

₹ 699/-
(mandatory)



Jacket

₹ 699/-



Head Torch

₹ 299/-

EXTRAS



Max Weight 9 kg (INC 5% GST)

Offloading Charges

₹ 2,100/-



For two person (INC 5% GST)

Double Sharing

₹ 2,500/-

5% GST EXTRA

HOW TO BOOK?



STEP 1:

Pay using above payment methods.



STEP 2:

Share the payment screenshot on 9999779236 on WhatsApp



STEP 3:

You will receive booking form. Fill the Form.



STEP 4:

Yayy! Your booking is done.

Trekker will receive booking confirmation on Email and WhatsApp.

AVAILABLE DATES

MARCH

16 17 23 24 30 31

APRIL

06 07 13 14 20 21 27 28

MAY

04 05 11 12 18 19 25 26

JUNE

01 02 08 09 15 16 22 23

29 30

INCLUSION

Things which we are included under this package

- ✓ Accommodation in Guest House/Camps.
- ✓ Stay is included from Day 1 to Day 6
- ✓ All meals from dinner at Sankri on Day 1 to Dinner on Day 6 are included. We provide delicious, nutritious vegetarian food on all days of the trek.
- ✓ All trekking permits and forest camping charges are included.
- ✓ High-quality tents, sleeping bags, ice axes, microspikes, gaiters etc. as required.
- ✓ First aid, medical kit, oxygen cylinders, stretchers etc. Professional Trek Leader (Mountaineering qualified), Guide, and Support staff.

EXCLUSION

Things which we are not included under this package

- ✘ Food During Travelling
- ✘ Insurance
- ✘ Seperate Hotel Room/Tent Stay in Sankri & on Trek
- ✘ Food items purchased by individuals at local canteens on the trek or during the drive.
- ✘ Mules or porter to carry personal luggage.
- ✘ Any early return travel & stay costs or accommodation
- ✘ Except for the days as per the itinerary.
- ✘ Any expenses for medical treatment of injury or accident before, during or after the trek.
- ✘ Anything apart from inclusions

TREK ESSENTIALS



BASIC GEARS

Backpack & Rain cover	(50 - 60 ltr) with comfortable shoulder straps.
Day pack + rain cover	20-30 ltr (If hire a mule or porter)
Walking stick	Advisable (At least one)
Personal Medical Kit	Consult your doctor
Snacks	Energy bars, Dry fruits, Electrol/ors
Water bottle/Hydration pack	2 bottles of one liter each, People who use hydration pack, 1 hydration pack and 1 bottle of one liter, Carry at least one thermos flask.



PERSONAL UTILITIES

Sunscreen cream	Moisturiser
Hand sanitizer	Antibacterial powder
Toothbrush & toothpaste	Lip balm / Chapstick
Toilet paper & Wipes	Quick dry towel



HEAD GEARS

Head Torch	1 Nos. (Avoid Hand torch)
Wollen Cap	1 Nos.
Balaclava	1 Nos. (Optional)
Neck-gaiters	1 Nos.
Sunglasses	Dark with side cover, it should be U/V protected, People who wear spectacles- (a) Use contact lenses. (b) Photo chromatic glasses.



CLOTHES

T-Shirts	6 Full sleeves (Non-cotton)
Fleece T-shirts	1 Nos.
Fleece jacket	1 Nos. (Alternative: a woolen sweater)
Down feather/ Hollofil jacket	1 Nos.
Wind & waterproof (jacket & pant)	1 Pair
Trek pants	3 Synthetic (avoid shorts, fitting denims, capris)
Fleece/Woolen gloves	1 Pair
Poncho	1 Nos.



FOOT GEARS

Trekking Shoes	1 pair (Waterproof, high ankle with good grip)
Floater/flip flops	1 Pair
Cotton socks	6 Pair
Woolen socks	1 Pair
Gaiters	1 Pair (TOI will provide)

WHY YOU SHOULD BOOK WITH TREKKERS OF INDIA



India's Biggest & Safest Trekking Community



5 star trek/trip experience



Professional team & fun loving trek/trip leaders, guides



High quality tents, sleeping bags & other equipments



Organising treks for **more than 20,000+ travelers** every year



Suitable for solo, group of friends & couples



Certificate & trek/trip badge



Safe for Solo Women Travellers



Delicious & **hygienic** meals throughout the trek/trip

OUR CORPORATE CLIENTS



REVIEWS

Aakriti Sinha
3 reviews · 1 photo

★★★★★ 3 months ago

It was my first Trek and I had lovely experience. Our guide (Satish and Kashish) were so helpful and our Other Trek members, Our Cook Naveen were such a amazing cook and Sahil was also made our trip Wonderful.. Overall it was great experience with Trekkers of India. 🥰

ashi shetty
Local Guide · 131 reviews · 226 photos

★★★★★ 6 months ago

My first trek to the secret waterfall was a pleasant experience. The hosts were very helpful & kind. All the members who joined the trek were very accommodating and we all had fun.

dee kay
2 reviews · 4 photos

★★★★★ 3 weeks ago **NEW**

Very pleasant experience. Polite staff, awesome trek guide and on time support. We did Kedarkantha & Brahmalta with TOI and was an amazing experience

Nisha kumari Nisha
7 reviews · 10 photos

★★★★★ 3 months ago

Our experience with trekkers of India was wonderful In the Hampta Pass Trek the trek leaders satish and kashish were fabulous they were with us every step, never left us alone ... More

Shalu kashyap
9 reviews · 23 photos

★★★★★ 5 months ago

We had a great time on the Nag Tibba trek in Uttarakhand. Very good service received from Trekkers of India. Thank you for the amazing experience. Staff from the company is good and polite. Will go further with you.

sayooj t
5 reviews · 23 photos

★★★★★ 4 months ago

It was our first Himalayan trek experience. It was breathtakingly beautiful. Trekkers of India made it so comfortable and easy. Loved the experience with TOI.

AG_PR
1 review · 3 photos

★★★★★ 6 months ago

It was my first trek and I loved it. The views were truly amazing. In my opinion, TOI offers a very authentic trekking experience. I found Manas from TOI really competent and reliable. All the information provided by him before ... More

Sachin Dhavale
3 reviews · 10 photos

★★★★★ a week ago **NEW**

Planned at last moment, though the response was good. Awesome experience and magnificent and beautiful Sunrise witnessed at Kalsubai.. It was the night trek on 30th and 31st December 2023.. The trek leaders Ayush, Agasti and Shankar were kind experienced.

Nitin Paranjpe
Local Guide · 28 reviews · 378 photos

★★★★★ 6 months ago

Fantastic, fun filled, enduring and well managed trekking experience. Right from booking experience to logistics support and finally for what one book - The Trekking has been Phenomenal. Trek leaders are very well experienced and a bunch of ... More

Neeraj Singh Sikarwar
Local Guide · 26 reviews · 12 photos

★★★★★ 4 days ago **NEW**

Best experience with trekkers of India they have best locations of their camps and had experienced guide. Food was so good really enjoyed a lot ❤️ U can check more photos and videos of our trek on insta - rajputneerajsikarwar

vikash jangid
Local Guide · 21 reviews · 16 photos

★★★★★ 2 weeks ago **NEW**

Positive: Professionalism, Quality, Responsiveness, Value

I completed my second trek with trekkers of India and it was awesome experience and enjoyed alot my trek was bharamtal trek 21 dec batch..

Ali Khakar
10 reviews · 4 photos

★★★★★ 5 days ago **NEW**

Did Kedarkantha trek - 25th Dec 2023 batch - Best trekking company with awesome trek leaders and delicious food!! ❤️

CANCELLATION POLICY

- Advance Amount is Non Refundable
- Cancellation made 25 days before the trek- 90% cash refund or Get 100% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 24 days and 15 days before the trek- 70% cash refund or Get 80% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 14 days and 10 days before the trek- 50% cash refund or Get 70% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 9 days and 1 day before the trek- No Refund, 10% Trek Voucher
- If the Cancellation is made on the Starting day of the trek or there is no Show on the start day of trek, there will be No Refund, No Voucher.
- Trek Voucher is Issued when Full Amount is Paid to book the trek.
- No refund is applicable on cancellation if Advance Amount is Paid to Book the Trek/Trip.
- Refunds will be made within 7-14 working days from the date of cancellation.
- In case of refund, 3% payment processing charges must be applied.
- In case of refund, 5% GST is NON REFUNDABLE.
- If your Booking says " NON REFUNDABLE " No Refund or Trek Voucher will be issued.
- Do not forget to mention your booking reference number in the same e-mail. Cancellation requests cannot be taken over the phone call or messages.
- **IMPORTANT: OFFLOADING FEE, RENTAL FEE AND TRAVEL FEE ARE NON REFUNDABLE. TREK VOUCHERS ARE ISSUED ONLY FOR TREK FEE (YOUR PACKAGE INCLUDES TRAVEL CHARGES AS WELL WHICH IS NON REFUNDABLE)**



EVERY YEAR 20,000+ TRAVELLERS JOIN US
BE A PART OF INDIA'S BIGGEST & SAFEST TREKKING ORGANISATION