

KASHMIR GREAT *Lakes*



7D | 6N



Srinagar



Difficult



13,700 ft.



SHORT ITINERARY

7D | 6N



TREK MAP



Srinagar → Sonmarg → Nichnai Trek → Vishansar Valley
→ Gadsar → Satsar → Gangabal → Naranag →
Srinagar

TREK ATTRACTION

The Kashmir Great Lakes trek is synonymous for its famous alpine lakes



Kishansar Lakes



Vishnugar Lake



Gadsar Lake



Satsar Lake



Gangabal Lake



Nandkol Lake

DETAILED ITINERARY

DAY 1 Srinagar to Sonmarg TOI Campsite



81 km



3 hrs



2,700 m

- **Meals:** Evening Tea-Snacks and Dinner upon arrival in Sonmarg
- **Pick up Location:** Residency road near Mughal Darbar, Srinagar
- Our campsite is near the Sindh river (Shitkadi Village).
- Since there are no shops around ensure that you have all that you need already.
- Remember to carry your ID proof in original and 2 photo copies as we have to submit them at the army check post.
- Note:- If Travel from Srinagar booked in advance, TOI can arrange pick up from TRC at 2-3pm.

DAY 2

Sonmarg to Nichnai Trek



10 km | 6 hrs



3,500 m



Camping

- Meals:- Tea-Breakfast, Lunch, Tea-Snacks and Dinner
- After the breakfast we trek to Nichnai
- The trail takes you through meadows, dense forests with Maple, Pine and Bhoj trees.
- After approx half an hour, we get an army check post where we have to submit our ID proofs.
- While you are at it, you can enjoy an awesome view of the Sonmarg Valley or the Thajiwas Glacier.
- The trek from Shitkadi to Shekdur is goes through thick forests of pine trees and will take approx 2 and half hours.
- At Shekdur, you can indulge in instant noodles and an omelette if you wish to.
- We follow the Nichnai Stream as we trek from Shekdur to Nichnai.
- We have lunch at the Nichnai stream, after Shekdur.

DAY 3

Nichnai to Vishansar Valley



11 km | 6 hrs



3,650 m



Camping

- **Meals:** Tea-Breakfast, Lunch, Tea-Snacks and Dinner
- Trek from Nichnai to Nichnai Pass is of approx 1 and half hours ascent.
- At the top of Nichnai Pass you can get B.S.N.L network, which is the last point under mobile coverage area.
- From Nichnai pass to Vishansar there is a descent. Vishansar is visited by hoards of sheep and their shepherds are known for interesting stories.
- At Vishansar campsite, lunch will be offered.
- We can visit the Vishansar Lake which is just 15 minutes walk from the campsite
- The first lake of the trek and one of the most beautiful ones.
- If the trek is in July, the lake will be frozen. Otherwise, we can do fishing at the lake with permission from Srinagar Fishing Department.
- The campsite is a unique place with an open ground and you can play volleyball, cricket etc. Beware of dogs at campsite

DAY 4

Vishansar Valley to Gadsar



14 km | 10 hrs



3,810 m

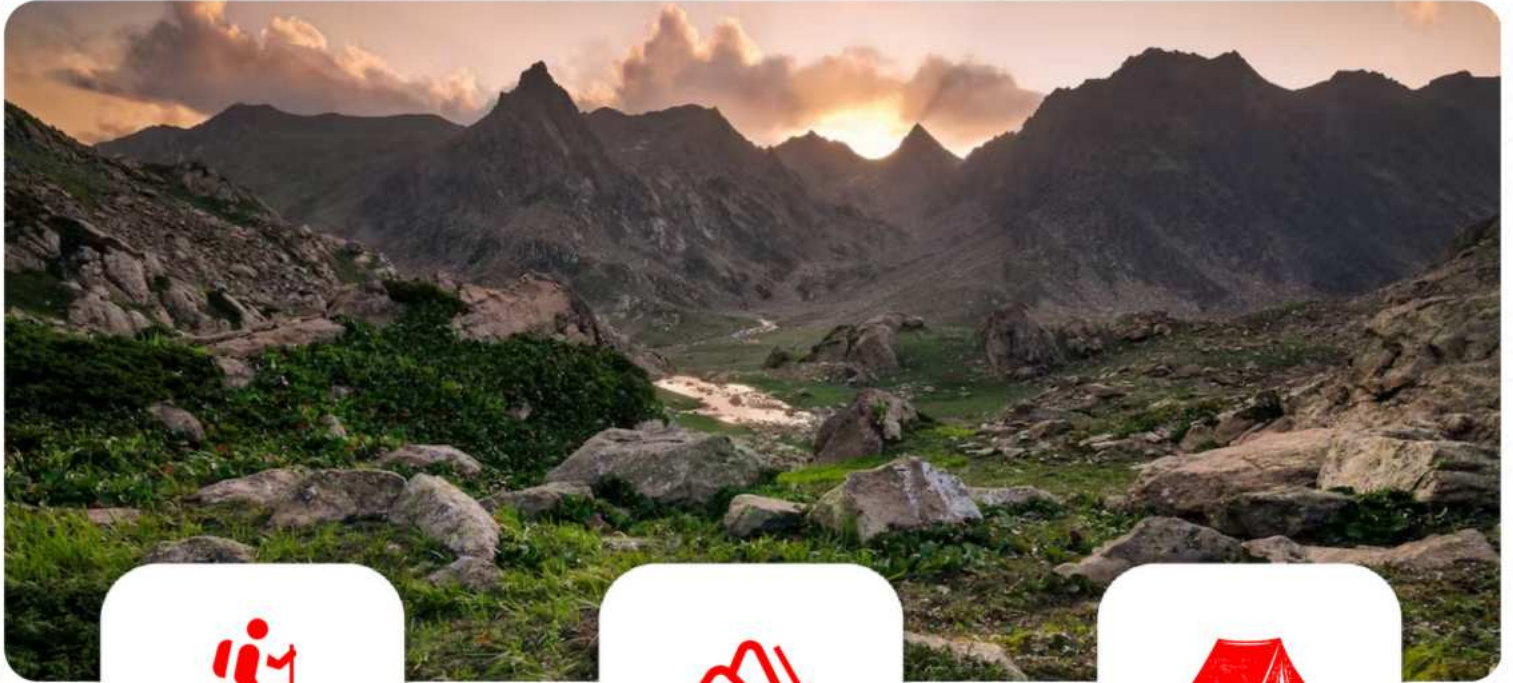


Camping

- We start the trek earlier than usual.
- The trail passes from Vishansar to Gadsar, via Gadsar pass the highest point of the trek.
- From Vishansar, the trail takes a steep ascent till Gadsar Pass.
- We can see the Kishansar Lake on the way.
- From the Gadsar pass till the camp site, we descend gradually.
- We can spot the Gadsar lake on route.
- You might also spot the Glacier of Gadsar Lake.
- After the Gadsar lake, we will reach the campsite in 2 hours.
- Just a few minutes before our campsite, we will have another army checkpoint and we will have to share our ID proofs with them.
- Pack lunch will be provided
- Meals:- Tea-Breakfast, Lunch, Tea-Snacks and Dinner, Spl. Sweet Dish

DAY 5

Gadsar to Satsar



9 km | 6 hrs



3,650 m



Camping

- **Meals:** Tea-Breakfast, Lunch, Tea-Snacks and Dinner
- Mid July to mid August, the trail is laden in vibrant flowers.
- We need to share our IDs at another army check post en route.
- Moving on, we see two small lakes which are often mistaken as Satsar Lakes.
- We will visit the Satsar twin lakes, in the afternoon, which are approx 1.3 h
- Stasar twin lakes are also known as mengen top.
- Those twin lakes are between the middle of the mountain.

DAY 6

Satsar to Gangabal



13 km | 7 hrs



3,500 m



Camping

- Meals:- Tea-Breakfast, Lunch, Tea-Snacks and Dinner.
- We walk on rocky paths for approx an hour and ascend till Jazz Pass.
- At the pass, you can enjoy views of the 4 lakes, Mt. Harmukh and its glacier.
- From the pass we descend till the Gangbal lake and camp at Nandkol lake.
- We visit the Gangbal Lake, which is one of the largest lakes in the trek.

DAY 7

Gangabal to Naranag & Drive to Srinagar



11 km | 6 hrs



2,270 m



81 km

- Meals:- Breakfast & Lunch
- Altitude: 11,500 ft to 7,450 ft
- 15 kms trek, approx 7 hours
- The trail is a descent till the last point of the trek – Naranag, so take care of your knees and ankles.
- The trail will pass through pine tree forests.
- On advance booking, TOI can arrange transport to Srinagar from Naranag at a charge.
- After the 70 kms drive, you will reach Srinagar by 6:30 pm.

COSTING

KASHMIR GREAT LAKES TREK ₹17,640/-
SRINAGAR - SRINAGAR (Including GST @5%)

KASHMIR GREAT LAKES TREK ₹ 15,749/-
SONMARG - NARANAG (Including GST @5%)

PAYMENT DETAILS

UPI ID	astrekkersofindiaprivatelimited.ibz1@ICICI
Account Holder	AS TREKKERS OF INDIA PRIVATE LIMITED
Account Number	107005013204
IFSC	ICIC0001070
Account Type	CURRENT

OR YOU CAN SCAN QR CODE

 **ICICI Bank**

 **eazypay**

Merchant Name -

**AS TREKKERS OF INDIA
PRIVATE L**

UPI ID -

**MSASTREKKERSOFINDIAPRIVA
TELIMITED.eazypay@icici**



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make UPI payments



RENTALS



Trekking Stick

Available



Ponchu

Available



Backpack/Rucksack

Available

EXTRAS



Max Weight 9 kg (5% GST Extra)

Rucksack Offloading Charges per Bag

₹ 2,800/-

5% GST EXTRA

HOW TO BOOK?



STEP 1:

Pay using above payment methods.



STEP 2:

Share the payment screenshot on 9999779236 on WhatsApp



STEP 3:

You will receive booking form. Fill the Form.



STEP 4:

Yayy! Your booking is done.

Trekker will receive booking confirmation on Email and WhatsApp.

AVAILABLE DATES

JUNE

22

23

29

30

JULY

06

07

13

14

20

21

27

28

AUGUST

03

04

10

11

17

18

24

25

31

SEPTEMBER

01

INCLUSION

Things which we are included under this package

- ✓ Accommodation in Camp.
(Day 1 to Day 6)
- ✓ All meals from dinner at Sonmarg on Day 1 to Lunch on Day 7 are included. We provide delicious, nutritious vegetarian food on all days of the trek.
- ✓ Camping charges – All trekking permits and forest camping charges are included.
- ✓ Trekking equipment – High-quality tents, sleeping bags, ice axes, microspikes, gaiters etc. as required.
- ✓ Safety equipment – First aid, medical kit, oxygen cylinders, etc.
- ✓ Professional Trek Leader (Mountaineering qualified), Guide, and Support staff.

EXCLUSION

Things which we are not included under this package

- ✘ Food During Travelling
- ✘ Trek Insurance (Mandatory)
- ✘ Transport from Srinagar to Sonmarg and Narnag to Srinagar.
- ✘ Hotel Stay in Srinagar
- ✘ Mules or porter to carry personal luggage.
- ✘ Food items purchased by individuals at local canteens
- ✘ Any early return travel costs or accommodation except for the days as per the itinerary
- ✘ Any expenses for medical treatment of injury or accident before, during or after the trek
- ✘ Anything apart from inclusions
- ✘ Any Rescue

TREK ESSENTIALS



BASIC GEARS

Backpack & Rain cover	(50 - 60 ltr) with comfortable shoulder straps.
Day pack + rain cover	20-30 ltr (If hire a mule or porter)
Walking stick	Advisable (At least one)
Personal Medical Kit	Consult your doctor
Snacks	Energy bars, Dry fruits, Electrol/ors
Water bottle/Hydration pack	2 bottles of one liter each, People who use hydration pack, 1 hydration pack and 1 bottle of one liter, Carry at least one thermos flask.



PERSONAL UTILITIES

Sunscreen cream	Moisturiser
Hand sanitizer	Antibacterial powder
Toothbrush & toothpaste	Lip balm / Chapstick
Toilet paper & Wipes	Quick dry towel



HEAD GEARS

Head Torch	1 Nos. (Avoid Hand torch)
Wollen Cap	1 Nos.
Balaclava	1 Nos. (Optional)
Neck-gaiters	1 Nos.
Sunglasses	Dark with side cover, it should be U/V protected, People who wear spectacles- (a) Use contact lenses. (b) Photo chromatic glasses.



CLOTHES

T-Shirts	6 Full sleeves (Non-cotton)
Fleece T-shirts	1 Nos.
Fleece jacket	1 Nos. (Alternative: a woolen sweater)
Down feather/ Hollofil jacket	1 Nos.
Wind & waterproof (jacket & pant)	1 Pair
Trek pants	3 Synthetic (avoid shorts, fitting denims, capris)
Fleece/Woolen gloves	1 Pair
Poncho	1 Nos.



FOOT GEARS

Trekking Shoes	1 pair (Waterproof, high ankle with good grip)
Floater/flip flops	1 Pair
Cotton socks	6 Pair
Woolen socks	1 Pair
Gaiters	1 Pair (TOI will provide)

WHY YOU SHOULD BOOK WITH TREKKERS OF INDIA



India's Biggest & Safest Trekking Community



5 star trek/trip experience



Professional team & fun loving trek/trip leaders, guides



High quality tents, sleeping bags & other equipments



Organising treks for **more than 20,000+ travelers** every year



Suitable for solo, group of friends & couples



Certificate & trek/trip badge



Safe for Solo Women Travellers



Delicious & **hygienic** meals throughout the trek/trip

OUR CORPORATE CLIENTS



REVIEWS

 **Syam Prasad**
5 reviews

★★★★★ a year ago

Recently I was did Kashmir Great Lakes trek with TOI. Trek was beyond my expectation and It is so beautiful that no words can imagine. It was my second solo Trek with TOI and They organised it very well. Thank you so much.

 **Divyansh Sharma**
Local Guide · 8 reviews

★★★★★ 4 months ago

If I got to trek again this year I will definitely choose Trekkers Of India. **Very responsible and caring team at Kashmir Great Lakes Trek.** The hospitality is very good by there local team. Good food, mind boggling views & some like minded Co travellers makes your trek

 **arav**
1 review

★★★★★ 4 months ago


Experience from my first very long trek in Kashmir.

It was my first solo trek with TOI and after passing there fitness criteria. I packed my backpack with clothes, basic items and most importantly my GoPro to Srinagar.

 **SHILPI SHARMA**
4 reviews


★★★★★ 4 months ago

Completed my first himalayan trek Kashmir Great Lakes Trek with TOI. I loved their services and enjoyed a lot on trek with strangers who became good friends later. Helpful staff, our trek leader and guides.

 **Ooditi Dwivedi**
1 review

★★★★★ 4 months ago

Good planning, excellent trek guides, beautiful campsites, mouth watering food at such high altitude. **My Kashmir Great Lakes Trek was lifetime experience with them.** They deserve 5 stars 🙌 Do Trek with them for better experience than any other organiser. I have

 **ShuB**
1 review


★★★★★ 4 months ago

Lovely team beautiful beyond words! This review is for our guides, trek leaders on Kashmir Great Lakes Trek as they are super caring they keep following trekkers to eat, drink water, drink soup, tea. Extremely impressed by such hospitality at high altitude XD

 **Nitin Satpute**
2 reviews


★★★★★ 4 months ago

Had an excellent trek to Kashmir Great Lakes Trek with Trekkers Of India. These 7 days will always be memorable. Flying back with so many unforgettable memories which I will cherish lifetime.

 **Tamanna**
2 reviews

★★★★★ 4 months ago

Completed Kashmir Great Lakes Trek with team Trekkers Of India. Wonderful trek. **Good to see Kashmir is absolutely safe for everyone.** My experience with Trekkers Of India was nice from booking guy to coordinator and on trek leaders. Would love to go on

 **Subhan Saifi**
1 review

★★★★★ 3 months ago

I have completed Kashmir great lakes trek with my friends. My experience was good with trekkers of India and there local team

CANCELLATION POLICY

- Advance Amount is Non Refundable
- Cancellation made 25 days before the trek- 90% cash refund or Get 100% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 24 days and 15 days before the trek- 70% cash refund or Get 80% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 14 days and 10 days before the trek- 50% cash refund or Get 70% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 9 days and 1 day before the trek- No Refund, 10% Trek Voucher
- If the Cancellation is made on the Starting day of the trek or there is no Show on the start day of trek, there will be No Refund, No Voucher.
- Trek Voucher is Issued when Full Amount is Paid to book the trek.
- No refund is applicable on cancellation if Advance Amount is Paid to Book the Trek/Trip.
- Refunds will be made within 7-14 working days from the date of cancellation.
- In case of refund, 3% payment processing charges must be applied.
- In case of refund, 5% GST is NON REFUNDABLE.
- If your Booking says " NON REFUNDABLE " No Refund or Trek Voucher will be issued.
- Do not forget to mention your booking reference number in the same e-mail. Cancellation requests cannot be taken over the phone call or messages.
- **IMPORTANT: OFFLOADING FEE, RENTAL FEE AND TRAVEL FEE ARE NON REFUNDABLE. TREK VOUCHERS ARE ISSUED ONLY FOR TREK FEE (YOUR PACKAGE INCLUDES TRAVEL CHARGES AS WELL WHICH IS NON REFUNDABLE)**

FQA

- **How long is Kashmir Great Lakes Trek?**

Kashmir Great Lakes Trek is around 70 km. It can become a couple of kilometers less or more depending upon which trail you will take. But the overall trail length hovers around 70 km.

- **How to reach the Kashmir Great Lakes Trek.**



By Air:- Srinagar has an airport that has an airway service from all the states of India. The most convenient and short way to reach Srinagar is from New Delhi.



By Train:- Kashmir doesn't have a railway facility that connects to the other parts of the country. The nearest railway station is in Jammu. Jammu station is very well connected to the other major railway stations of the country.



By Bus:- Srinagar has an NH1 highway that connects it to the rest of the places in India.

There are regular bus and cab services from Jammu. You will reach within a day from Jammu to Srinagar. From Srinagar, it's a 3-hour drive to the base camp Shitkadi Sonmarg.

- **How many lakes are there in Kashmir Great Lakes Trek?**

There are more than dozen lakes in this trek, however, as the defined trail is followed we can see only around 7 lakes. One has to take a diversion to see other lakes that fall in this trek. The seven lakes that one sees on this trek are just along the trail.

- **What is the best time to visit Kashmir Great Lakes Trek?**

The best month to visit Kashmir Great Lakes Trek is July, August, September, and early October. This is the best summer trek in entire India. During winters, owing to the snow the trek closes and remains inaccessible. After October, the temperatures drop and there are chances of snowfall which make it impossible for porters and ponies to cross the passes.

- **How difficult is Kashmir Great Lakes Trek?**

This trek is a moderate to difficult trek. However, during the rain it becomes difficult.

The trail goes over passes and wild valleys which have sharp to moderate ascends and descends.

The most difficult descend is on your last day and the most difficult ascend is on the day you reach Gadsar Pass.



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