

VALLEY OF
FLOWERS
Trek



6D | 5N



Rishikesh



Moderate



14,000 ft.



www.trekkersofindia.com



9999-779-236

SHORT ITINERARY

6D | 5N



Rishikesh to
Joshimath



Joshimath/Govindghat
to Ghangaria



Ghangaria to
Valley of Flowers



Ghangaria to
Hemkund Sahib

Ghangaria to
Govindghat/Joshimath

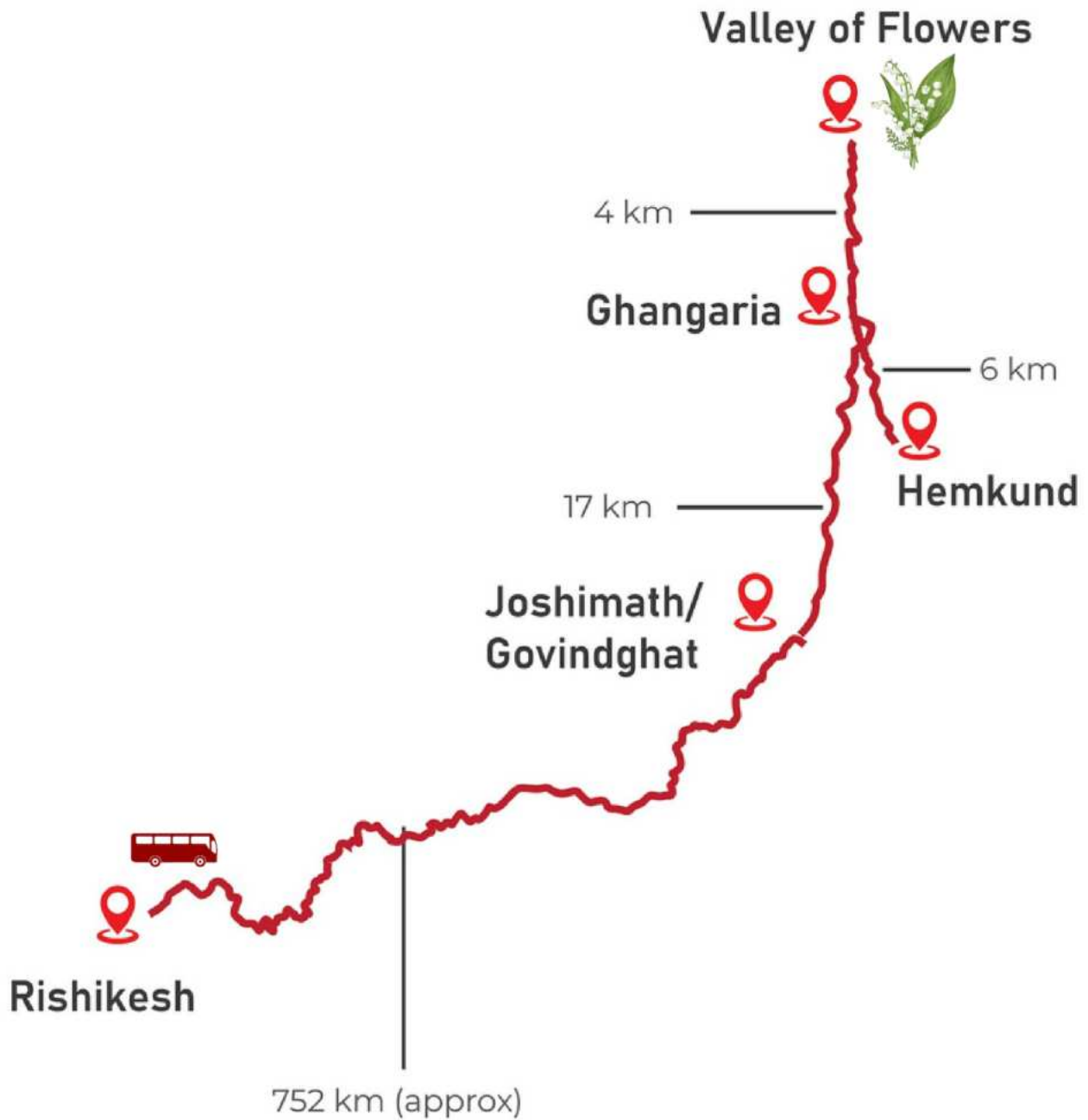


Joshimath/Govindghat
to Rishikesh



TREKKERS OF INDIA[®]
India's biggest trekking community & co.

TREK MAP



**Rishikesh → Joshimath/Govindghat → Ghangaria →
Valley of Flowers → Ghangaria → Hemkund → Ghangaria
→ Joshimath/Govindghat → Rishikesh**

TREK ATTRACTION



**Gurudwara
Hemkund Sahib**



**Scenic
Landscape**



Diverse Flora



Alpine Meadows



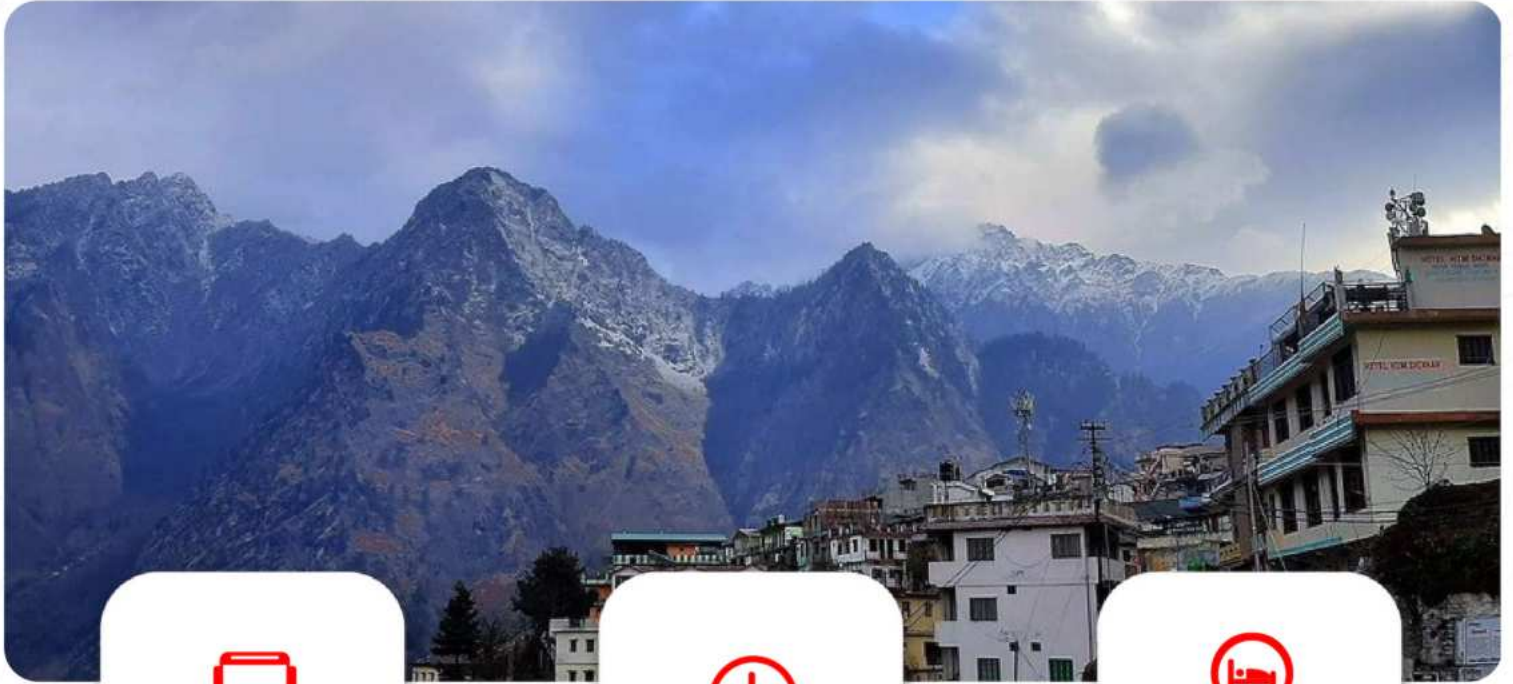
Valley Views



**Photogenic
Places**

DETAILED ITINERARY

DAY 1 Rishikesh to Joshimath



250 km



8-9 hrs



TOI Guest
House/Hotels

- Pick up from Rishikesh at 6:00 AM
- Drive to Joshimath/Govindghat Via Devprayag by evening
- Meals: Evening Tea/Snacks & Dinner
- Stay: In Hotel / Guest House

DAY 2

Joshimath/Govindghat to Ghangaria



10 km



10,000 ft



**TOI Guest
House/Hotels**

- Early morning wake up call
- Drive to Poolna, the last motorable point
- 10 km Trek from Poolna to Ghangaria
- Evening Tea and Snacks
- Meals: Breakfast, Lunch, Evening Tea/Snacks & Dinner
- Stay: In Hotel/Guest House

DAY 3

Ghangaria to Valley of Flowers



4 km



11,811 ft



**TOI Guest
House/Hotels**

- Early morning Wake up call
- Leave Ghangaria and trek towards Valley of Flowers Valley is 4 km from Ghangaria, explore the Valley with TOI Team.
- Return to Ghangaria
- Meals: Breakfast, Lunch, Evening Tea/Snacks & Dinner
- Stay: In Hotel/Guest House

DAY 4

Ghangaria to Hemkund Sahib



7 km



14,200 ft



**TOI Guest
House/Hotels**

- Check out of Hotel
- Reach Hemkund Sahib in afternoon
- Return back to Ghangaria at around 1.30 PM as it is not allowed to stay beyond 2:00 PM
- Meals: Breakfast, Lunch, Evening Tea/Snacks & Dinner
- Stay: In Hotel/Guest House

DAY 5

Ghangaria to Govindghat/Joshimath



10 km



6,200 ft

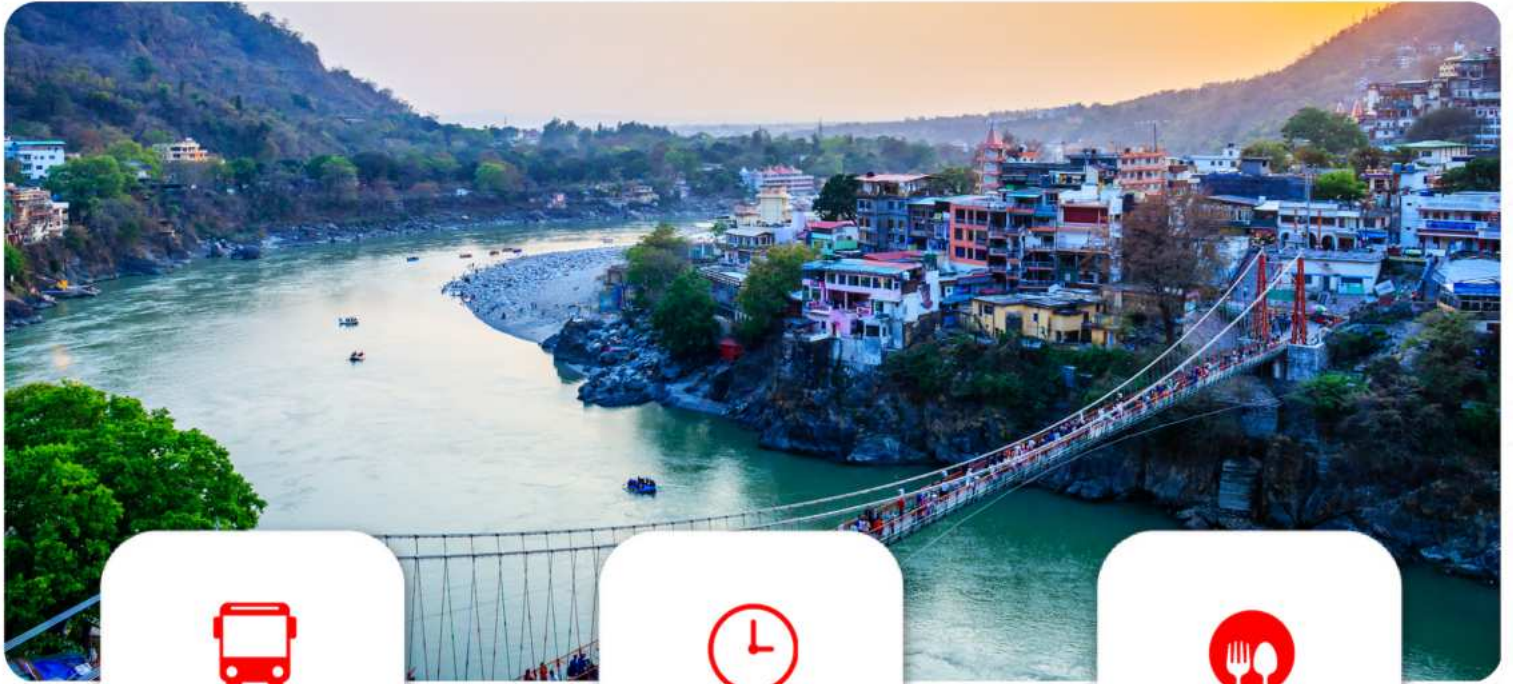


TOI Guest
House/Hotels

- Descend down to Govindghat
- Arrival in Joshimath hotel by evening
- Meals: Breakfast, Lunch, Evening Tea/Snacks & Dinner
- Stay: In Hotel/Guest House

DAY 6

Joshimath to Rishikesh



250 km



8-9 hrs



Breakfast

- Leave Joshimath after breakfast & Drive back to Rishikesh
- Arrival at Rishikesh by 7:00 PM
- End of a Beautiful Journey
- Plan your journey ahead.

COSTING

PACKAGE 1 (TRIPLE SHARING)

Valley of Flowers Trek

₹9,450/-

RISHIKESH - RISHIKESH (INC 5% GST)

Valley of Flowers Trek

₹7,350/-

JOSHIMATH - JOSHIMATH (INC 5% GST)

PAYMENT DETAILS

UPI ID	astrekkersofindiaprivatelimited.ibz1@ICICI
Account Holder	AS TREKKERS OF INDIA PRIVATE LIMITED
Account Number	107005013204
IFSC	ICIC0001070
Account Type	CURRENT

OR YOU CAN SCAN QR CODE



Merchant Name -

**AS TREKKERS OF INDIA
PRIVATE L**

UPI ID -

**MSASTREKKERSOFINDIAPRIVA
TELIMITED.eazypay@icici**



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AVAILABLE DATES

JUNE

01

02

08

09

15

16

22

23

29

30

JULY

05

06

07

12

13

14

19

20

21

26

27

28

AUGUST

02

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09

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17

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31

SEPTEMBER

01

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27

28

HOW TO BOOK?



STEP 1:

Pay using above payment methods.



STEP 2:

Share the payment screenshot on 9999779236 on WhatsApp



STEP 3:

You will receive booking form. Fill the Form.



STEP 4:

Yayy! Your booking is done.

Trekker will receive booking confirmation on Email and WhatsApp.







INCLUSION

Things which we are included under this package

- ✓ Transportation from Rishikesh to Joshimath and return
- ✓ Accommodation in Hotel/Guest House in Joshimath and Ghangharia on triple and quad sharing basis.
- ✓ 5 Breakfast and dinner
- ✓ Joshimath to Poolna taxi
- ✓ Experienced Trek Leader, Guides & a very supportive staff
- ✓ Forest permits Medical Amenities – First Aid Kits, Oximeter, oxygen cylinders.

EXCLUSION

Things which we are not included under this package

-  Anything not mentioned in inclusion list
-  Meals during Trekking/Transportation
-  Any kind of personal Expenses
-  Unscheduled or extended stay due to road blocks, Landslides
-  Porter/mule charges (Personal), Back pack offloading charges
-  Cost of Evacuation in case of emergency

TREK ESSENTIALS



BASIC GEARS

Backpack & Rain cover	(50 - 60 ltr) with comfortable shoulder straps.
Day pack + rain cover	20-30 ltr (If hire a mule or porter)
Walking stick	Advisable (At least one)
Personal Medical Kit	Consult your doctor
Snacks	Energy bars, Dry fruits, Electrol/ors
Water bottle/Hydration pack	2 bottles of one liter each, People who use hydration pack, 1 hydration pack and 1 bottle of one liter, Carry at least one thermos flask.



PERSONAL UTILITIES

Sunscreen cream	Moisturiser
Hand sanitizer	Antibacterial powder
Toothbrush & toothpaste	Lip balm / Chapstick
Toilet paper & Wipes	Quick dry towel



HEAD GEARS

Head Torch	1 Nos. (Avoid Hand torch)
Wollen Cap	1 Nos.
Balaclava	1 Nos. (Optional)
Neck-gaiters	1 Nos.
Sunglasses	Dark with side cover, it should be U/V protected, People who wear spectacles- (a) Use contact lenses. (b) Photo chromatic glasses.



CLOTHES

T-Shirts	6 Full sleeves (Non-cotton)
Fleece T-shirts	1 Nos.
Fleece jacket	1 Nos. (Alternative: a woolen sweater)
Down feather/ Hollofil jacket	1 Nos.
Wind & waterproof (jacket & pant)	1 Pair
Trek pants	3 Synthetic (avoid shorts, fitting denims, capris)
Fleece/Woolen gloves	1 Pair
Poncho	1 Nos.



FOOT GEARS

Trekking Shoes	1 pair (Waterproof, high ankle with good grip)
Floater/flip flops	1 Pair
Cotton socks	6 Pair
Woolen socks	1 Pair
Gaiters	1 Pair (TOI will provide)

WHY YOU SHOULD BOOK WITH TREKKERS OF INDIA



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5 star trek/trip experience



Professional team & fun loving trek/trip leaders, guides



High quality tents, sleeping bags & other equipments



Organising treks for **more than 20,000+ travelers** every year



Suitable for solo, group of friends & couples



Certificate & trek/trip badge



Safe for Solo Women Travellers



Delicious & **hygienic** meals throughout the trek/trip

OUR CORPORATE CLIENTS



REVIEWS

Ooditi Dwivedi
1 review
★★★★★ 4 months ago
Good planning, excellent trek guides, beautiful campsites, mouth watering food at such high altitude.

Yash Soni
Local Guide · 38 reviews
★★★★★ a year ago
It was my first track with trekkers of india and i loved it .
Our whole group enjoyed a lot there and a shout... [more](#)

Suraj Chauhan
Local Guide · 66 reviews
★★★★★ 6 months ago
Amazing experience with trekkers of India with all aspects from booking to experiencing the trek it was awesome while booking mr Amit helped with sm... [more](#)

MAMTA RAWAT
1 review
★★★★★ a month ago
My first trek summit done with trekkers of India. So grateful to choose them for my first winter Trek. Kedarkantha summit feels out of the world. High... [more](#)

Hetvi Shah
2 reviews
★★★★★ 4 months ago
Recently completed a trek that I can only describe as extraordinary. The experience was nothing short

Samana .B.S
Local Guide · 9 reviews
★★★★★ 9 months ago
Thank you TOI for organising a fantastic trek! All facilities were great! Good tents at campsite, neat washrooms and a friendly trek guide. Food was... [more](#)

Rajesh Vyas
1 review
★★★★★ a week ago
Superb service provided.
Khana toh kamal ka tha. Thanks trekker of India team Love you.

kartik Tyagi
1 review
★★★★★ 6 months ago
Guys if you are looking for best trekking community just go with Trekkers Of India. Your trek will be full of Masti, learnings and a lot of fun. Completed Hampta p... [more](#)

Prince Chatteraj
10 reviews
★★★★★ a month ago
It was a very exciting trek and it is a must recommend for thrill lovers!!

Nitin Paranjpe
Local Guide · 28 reviews
★★★★★ 6 months ago
Fantastic, fun filled, enduring and well managed trekking experience. Right from booking experience to logistics support and finally for what one hoo... [more](#)

sayooj t
5 reviews
★★★★★ 4 months ago
It was our first Himalayan trek experience. It was breathtakingly beautiful. Trekkers of India made it so

Neeraj Singh Sikarwar
Local Guide · 26 reviews
★★★★★ a week ago
Best experience with trekkers of India they have best locations of their camps and had experienced guide. Food was so good really enjoyed a lot ❤️ U can... [more](#)

CANCELLATION POLICY

- Advance Amount is Non Refundable
- Cancellation made 25 days before the trek- 90% cash refund or Get 100% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 24 days and 15 days before the trek- 70% cash refund or Get 80% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 14 days and 10 days before the trek- 50% cash refund or Get 70% of the trek fee in a Trekkers Of India Trek Voucher.
- Cancellation made between 9 days and 1 day before the trek- No Refund, 10% Trek Voucher
- If the Cancellation is made on the Starting day of the trek or there is no Show on the start day of trek, there will be No Refund, No Voucher.
- Trek Voucher is Issued when Full Amount is Paid to book the trek.
- No refund is applicable on cancellation if Advance Amount is Paid to Book the Trek/Trip.
- Refunds will be made within 7-14 working days from the date of cancellation.
- In case of refund, 3% payment processing charges must be applied.
- In case of refund, 5% GST is NON REFUNDABLE.
- If your Booking says " NON REFUNDABLE " No Refund or Trek Voucher will be issued.
- Do not forget to mention your booking reference number in the same e-mail. Cancellation requests cannot be taken over the phone call or messages.
- **IMPORTANT: OFFLOADING FEE, RENTAL FEE AND TRAVEL FEE ARE NON REFUNDABLE. TREK VOUCHERS ARE ISSUED ONLY FOR TREK FEE (YOUR PACKAGE INCLUDES TRAVEL CHARGES AS WELL WHICH IS NON REFUNDABLE)**



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